

OptimalHealthResearch.com

- Orthopedics
- Rheumatology
- Oncology
- Wellness Promotion

INTEGRATIVE & NATURAL MEDICINE

Concepts, Algorithms, & Therapeutics
*The art of creating wellness
while effectively managing
acute and chronic health disorders*

Integrative Rheumatology is a clinically-oriented textbook that extends beyond *Integrative Orthopedics* to outline treatment plans for autoimmune and systemic inflammatory disorders. As detailed in *Integrative Orthopedics*, since approximately 1 of every 7 (14% of total) visits to a primary healthcare provider is for the treatment of musculoskeletal pain or dysfunction, clearly every physician needs to have 1) knowledge of important concepts related to musculoskeletal medicine, 2) the ability to recognize urgent and emergency conditions, 3) the ability to

competently perform orthopedic examination procedures, and 4) the knowledge and ability to design and implement effective treatment plans. *Integrative Rheumatology* empowers students and doctors with the insight necessary for the design and implementation of truly integrative treatment plans for conditions such as systemic lupus erythematosus, rheumatoid arthritis, ankylosing spondylitis, psoriasis and psoriatic arthritis.

Students at chiropractic and naturopathic medical colleges will find *Integrative Rheumatology* to provide a needed blend of concepts as well as the practical "how to" information on patient management that is often neglected in other textbooks or which can only be obtained after years of clinical experience. This book will help you synthesize your courses in physical examination, manipulation, physiotherapy, nutrition, botanical medicine, neurology and therapeutic exercise into a cohesive set of skills that enables you to effectively help your patients overcome their musculoskeletal problems while you simultaneously promote wellness by looking at the bigger picture of their overall health rather than simply focusing on "the problem." *Integrative Rheumatology* provides the information and citations to the research literature that you need in order to feel confident about your skills and the responsibilities that you will face as a licensed healthcare provider.

Clinicians of all disciplines—whether ND, DC, DO, Lac, MD, PA, or NP—will find the blend of research and clinical pearls helpful in their integrative management of patients with systemic autoimmune disorders. The text is abundantly referenced to textbooks and peer-reviewed biomedical journals.

Integrative Rheumatology will give you a clinical advantage and the research justification to help treat your patients in the most natural, safe, and holistic means possible. Since the books are updated frequently, you can always stay current with new developments in natural medicine for a minimal investment of time and money. Accessing the website provides links to updates, corrections, and recently published peer-reviewed articles by Dr. Vasquez.

Eighteen Chapters of Clinically-Oriented Information and Protocols

1. Introduction, Concepts, Patient Assessments, Musculoskeletal Emergencies
2. Re-establishing the Foundation for Health
3. Holistic Conservative Care for Musculoskeletal Pain
4. Food Allergy, Multifocal Dysbiosis, Xenobiotic Immunotoxicity and Detoxification, Orthoendocrinology, Immunonutrigenomics
5. Brief Introduction to Systemic "Autoimmune" Diseases
6. Rheumatoid Arthritis
7. Systemic Lupus Erythematosus
8. Scleroderma
9. Psoriatic arthritis
10. Sjogren's Syndrome
11. Spondyloarthropathies, Ankylosing Spondylitis, Reactive arthritis, Vertebral Osteomyelitis, and Infectious Discitis
12. Sarcoidosis
13. Polymyositis and Dermatomyositis
14. Polymyalgia Rheumatica and Giant Cell Arteritis
15. Wegener's Granulomatosis
16. Vasculitis Syndromes—Vasculitides
17. Behcet's Syndrome
18. Additional Concepts and Selected Therapeutics

\$65.00 US

Alternative Medicine
Integrative Medicine
Naturopathic Medicine
Nutrition
Rheumatology



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NUTRITIONAL AND BOTANICAL TREATMENTS FOR
AUTOIMMUNE DISEASES: *Integrative Rheumatology*

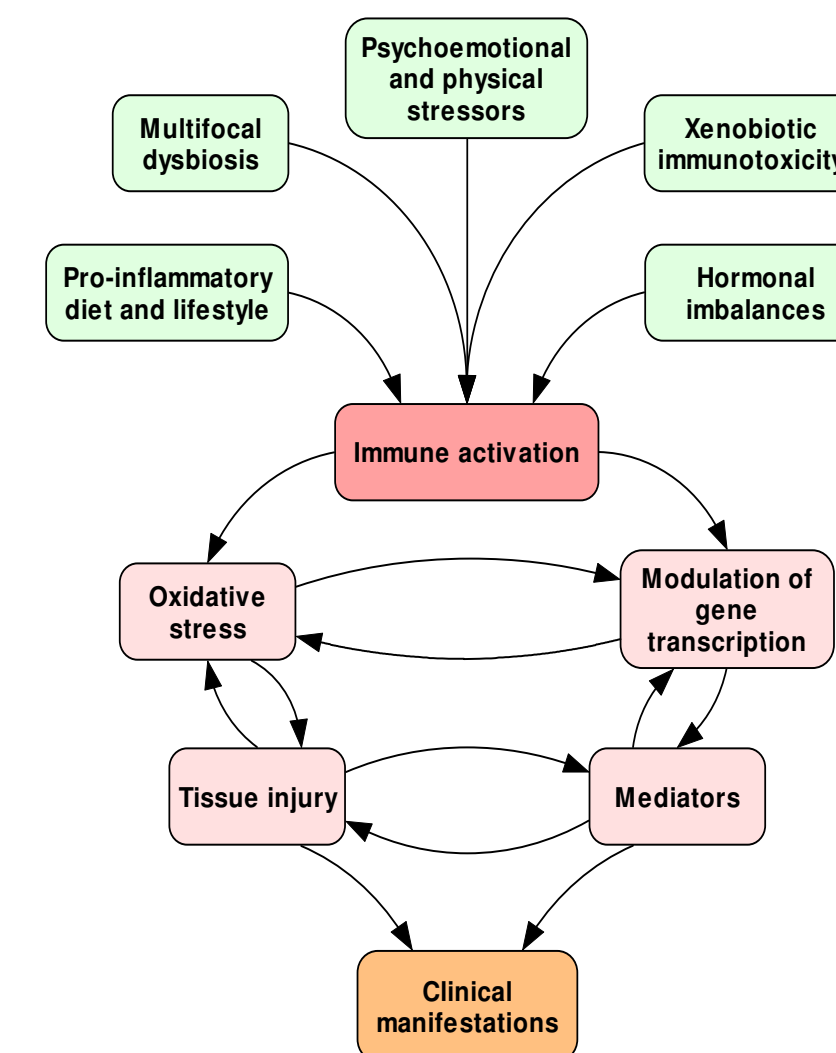


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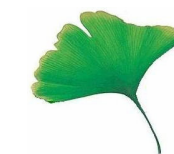
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